

Peregrine InSight Group, LLC
Nikkea B. Devida
1270 Bayside Circle ~ Oxnard, CA 93035
[phone] (805) 382-4500 ~ [fax] (805) 382-4004 ~ [email] nikkeabdevida@aol.com

**Learn how to stop “trying harder”...achieve even your
“toughest” goal *without* willpower, *without* a fight,
thanks to incredible powers concealed
inside your own mind, waiting for release...with the**

“Precision Change Method (PCM)™”

*Learn how to use PCM™, the first real 21st century training technique to end
self-sabotage, blast away obstacles, and achieve what you earnestly desire in life,
faster and easier than you ever believed possible--Satisfaction Guaranteed!!!*

Dear Friend,

Thank you for your recent interest in PCM™. Based on the work of Nikkea B. Devida, originator of the Precision Change Method (PCM™), you can learn and experience the first *real* breakthrough mind power technique in the personal development movement in the past thirty years. It's much more than just positive thinking...it's a whole new training technique for the new millennium.

Nikkea B. Devida's work has been personally endorsed by renowned cellular biologist Dr. Bruce Lipton. Nikkea B. Devida and Dr. Bruce Lipton currently travel around the country introducing the public to this work. Dr. Lipton discusses the latest cutting edge science in his presentation and shows slides that demonstrate why our beliefs and perceptions are at the core of everything we manifest in our lives. Nikkea B. Devida demonstrates how to change your beliefs quickly and easily using PCM, the “missing piece” between information and action.

Experience the PCM™ techniques in private coaching consultations to facilitate powerful changes in your life. With over 20 years of experience facilitating this work...you're in good hands and well on your way to making the changes you desire in your life.

- Are you *fulfilled* in your professional life?
- Do you always seem to have *money troubles*?
- Do you have the *relationship* that you desire?
- Do you *procrastinate*? Have a lack of energy, motivation, organization and focus?
- Are you *insecure* or anxious when meeting new people, speaking to groups, going on auditions or interviews?
- Do you *worry* too much? Are you vaguely *unhappy*? Frustrated?
- Are you *struggling* with “is this all there is?” issues?
- Are you *recovering* from an addiction, illness or loss?
- Are you *disgusted* with your body weight and shape?

These are but a few of the matters that Nikkea B. Devida originated PCM to address. If you are even remotely interested in living with 100% confidence, joy, passion and purpose...in switching whatever is now difficult for you to easy...then these may be the most important time you will ever spend! And the benefits of this technique will stay with you for a lifetime. Since this technique is new to you, enclosed you will find “The 22 Most Frequently Asked Questions & Answers About PCM™” that may assist you in understanding more about PCM and how it works.

Shift Happens!

But let’s face it--making the shifts you want isn’t always easy, is it? And it’s certainly not because you haven’t been trying hard. It all boils down to your subconscious programming and beliefs. Unfortunately, most of us rarely ever have an opportunity to find out what they are, never mind actually change them. But now, with PCM™, you can experience how to change self-sabotaging beliefs in minutes to create the changes you desire quickly. *No* telling your life story for the “umpteenth” time, *no* mental gymnastics, *no* journaling, *no* fluff, *no* gimmicks. The process is simple, direct, and verifiable.

In Order to Change the Printout of Your Life, You Must Learn to Rewrite the Software of Your Mind...

While it’s true that the only thing constant in life is change, it’s now completely within your reach with Precision Living Coaching to learn how to manage and direct change in the way you desire instead of being a victim of the external forces and circumstances in your life.

When your Subconscious Beliefs Shift, YOU Can Shift

The subconscious mind is our storehouse of all past experiences, values, attitudes, and beliefs. Old, painful emotions get stored as programs in your subconscious mind, where they hamper your responses to life. Using PCM, you simply access these “programs” and use whole-brain techniques to change them into “programs” you desire. Operating out of this new belief potential, you can then make different choices in your life instead of running those old, automatic “programs” that keep you stuck.

Ever Try to Change Your Mind, Only to Discover that your Mind Has a Mind of its Own?

If you’ve ever tried to change something and experienced some difficulty, then you know exactly what I mean. But why is that? Well, it’s because you actually have two minds--a conscious mind and a subconscious mind. **There are major differences between the conscious and subconscious minds.** Dr. Bruce Lipton, a cell biologist from Stanford University demonstrated that our minds work the same way as computers. Our conscious mind, which is the part of us that sets goals and judges results, processes at an average of **2,000 bits of information per second**. However, our subconscious mind, which is the storehouse for all past experiences, values, attitudes and beliefs processes at an **average of 4 Billion bits** of information per second. and that **over 99%** (actually 99.99995%) of the power of our mind is in the subconscious--the hard drive of our bio-computer. Less than 1 hundred thousandth of 1% of change occurs at the conscious level of the mind.

***The subconscious mind is like the hard drive on your computer.
Your beliefs are the software.***

Your life is like the printer that’s just printing out what’s in the software.

When Visualization, Willpower, Affirmations, & Positive Thinking Aren't Enough to Create Lasting Changes in your Life

Most change modalities rely on visualization, affirmations, and/or positive thinking (willpower) to accomplish the task of introducing these statements to the subconscious. These approaches are most effective at the conscious level of the mind, not the subconscious. Reading books, attending workshops, listening to tapes, getting motivated and gaining insight alone (i.e. talk-therapy) doesn't create the positive, lasting results you desire because they don't get to the level of the subconscious mind. *Insight is seldom a sufficient condition for creating lasting change.*

What Can you Expect from PCM?

There are countless ways that *thousands* of people like you have benefited from PCM™ in the areas of health, wealth, career, and relationships, as well as many others. Many report that PCM helped them when nothing else worked.

Register Today for Precision Living™ Coaching

During your coaching sessions, you'll experience the PCM procedures and integrations as you begin to clear layers of sabotaging subconscious beliefs. In addition, you'll be eligible to attend monthly teleclasses and Q&A sessions to continue your transformation process with others. You'll reinforce your knowledge while creating lasting change for yourself.

SIMPLY READ THE REGISTRATION INSTRUCTIONS, COMPLETE AND RETURN THE ENCLOSED ACCEPTANCE FORM WITH YOUR PAYMENT to reserve your place for your private coaching sessions. Register today to take advantage of additional savings options. Bring a friend or family and receive even more benefit. Be sure to register right away—coaching time is limited.

Feel free to contact me at **805/382-4500** or by e-mail at **nikkeabdevida@aol.com** if you have any questions. I look forward to working with you!

Regards,

Nikkea B. Devida

THE 22 MOST FREQUENTLY ASKED QUESTIONS & ANSWERS ABOUT THE PRECISION CHANGE METHOD™ (PCM™) THAT MAY CHANGE YOUR LIFE & YOUR PERFORMANCE

In preparing this information, to give you ALL you need to make the decision to opt FOR PCM™, I compiled a list of the most frequently asked questions - and I believe these would be the questions you'd ask, too. So, here are several of the most commonly asked questions:

1. Q: What Is PCM™?

A: PCM is a unique and direct way to identify and change subconscious beliefs that perpetuate old habits and behaviors that you want to change. PCM is a simple process that enables you to communicate directly with the subconscious mind in order to change beliefs and attitudes that limit or sabotage peak performance. Most of us know, and behavioral scientists confirm, that our behaviors are a direct reflection of our beliefs, perceptions and values, generated from past experiences. PCM is a user-friendly way to rewrite the software of your mind in order to change the printout of your performance! It helps you change old ways of thinking and behaving that limit you in your personal and professional life.

PCM™ helps you transform limitations into possibilities! PCM™ is a safe, non-invasive, and effective way to dissolve resistance to change at the subconscious level. As Henry Ford once said, "If you believe you can or if you believe you can't you're right!" This is especially true when the beliefs are subconscious. Scientific research and evidence supports that our behaviors are a direct reflection of our beliefs, perceptions and values, generated from past experiences. However, the difficulty seems to be in knowing how to change old negative beliefs, perceptions and values into new positive ones.

“You Create Your Own Reality”

Your reality is created by your “beliefs”. These beliefs, usually subconscious, are often the result of lifelong “programming,” and represent a powerful influence on human behavior. It is from our beliefs that we form attitudes about the world and ourselves, and from these attitudes we develop behaviors. Usually, it is self-defeating behaviors we wish to change. Often the most effective way to change a behavior is to change the belief or beliefs that support it. PCM provides a variety of ways to quickly identify and transform beliefs that “sabotage” you into beliefs that “support” you. **When you change your beliefs, you change your reality.**

2. Q: How Did PCM Come To Be?

A: PCM was developed Nikkea B. Devida. It was a response to the frustration that came with the realization that typical training programs, which rely heavily on "insight" and "motivation," seldom create real and lasting results. After the initial pump and excitement, it's back to business as usual. Or, to put it another way; "After all is said and done, more is usually said than done!"

Nikkea has spent years developing and improving PCM. It is the "missing link" to exceptional performance. She discovered that people are more in need of better "mind management" than "time

management" in order to achieve maximum effectiveness and profitability. Nikkea's background in business *and* personal change enabled her to create a bottom line, results-oriented approach to her training programs while at the same time respecting the dignity of the individual. PCM isn't designed to replace your "skills-based" training programs, it's designed to make your "skills based" training programs work better. Programs don't work until people work! **PCM helps you transform limitations into possibilities.**

3. Q: How Does PCM Work?

A: PCM is about *self-discovery, change and success*. It is a unique process evolving from years of split-brain research and hundreds of sessions with individuals and groups. PCM creates a receptive state of mind that dramatically reduces resistance to change at the subconscious level. The subconscious mind can be accessed in a way similar to a personal computer. PCM works like a "mental keyboard"-- a user-friendly method of communicating with the subconscious mind that is *simple, direct and verifiable*. It enables the individual to align subconscious beliefs with current goals and objectives and frees them from the limitations of past programming.

Have you ever wondered why the majority of skills based training and motivational programs produced limited or temporary changes - and why after the initial pump and excitement you're back to business as usual?

Contemporary business philosophers such as Stephen Covey, Peter Senge, W. Edwards Deming and others have suggested that it is insufficient to make behavioral changes based on *insight* and *motivation* alone. To have a new behavior mobilized and then sustained over time, we must access and transform the underlying beliefs and attitudes that drive the behavior.

4. Q: What Is A PCM Integration?

A: Within the system of PCM, Integrations are the belief change processes themselves. A PCM Integration is a technique designed to create a balanced communication with both hemispheres of the brain. This "whole-brain" state is ideal for reprogramming the subconscious mind with new, positive beliefs and attitudes that support goals rather than sabotage them! A PCM Integration also reduce unwanted stress and help you to access your "full response potential" in meeting life's challenges.

Using a PCM Integration to change subconscious beliefs that may be sabotaging well-intentioned actions is similar to reprogramming a personal computer. You edit, you save, and you're done! PCM™ integration techniques are like a "mental keyboard" to your own brain. You increase the "cross talk" between the two brain hemispheres, thereby achieving a more "whole-brained" state, which is ideal for changing subconscious beliefs. In addition, when right and left hemispheres are in simultaneous communication, the qualities and characteristics of both hemispheres are available to maximize your full response potential.

Steven Covey, author of Seven Habits of Highly Effective People says "*although people use both sides of the brain, one side or the other generally tends to be dominant in each individual. Of course, the ideal would be to cultivate and develop the ability to have good crossover between both sides of the brain so that a person could first sense what the situation called for and then use the appropriate tool to deal with it.*"

That is exactly what a PCM™ Integration does.

5. Q: It Sounds Too Good To Be True. Does It Really Work?

A: It is important to remember that *the integrations create potential, you create results!* For example, if you do integrations to be an Olympic athlete, you must still do the necessary training and physical conditioning to realize your goal. The integration will release any subconscious resistance you may have to achieving the goal, so that the effort you put forward in training will produce maximum results.

Another example might be doing integrations for a health-related issue. While the integrations will help to reduce the stress and inner conflict that may be supporting the presence of the dis-ease in your body, it is still important to take all the appropriate physical steps to help the body heal itself i.e. medical treatment, diet, exercise, rest, etc.

It is also important to note here that if you find yourself experiencing resistance to doing the new behaviors and actions mentioned above in alignment with your desired goal, it probably means there are additional beliefs that need to be changed around that issue. The PCM system is designed to help you identify and change those beliefs very quickly so that you get results quickly.

PCM™ Integrations help you get your subconscious mind in alignment with your conscious goals and desires. With PCM Integrations, you can change old beliefs that sabotage you, into new positive ones that support you, quickly and easily...usually in an average of 2-5 minutes.

It is necessary to realize that there is often more than one belief around any particular goal or issue you desire to change. PCM is not a “magic pill” or a “magic wand”. You still need to dedicate some time and effort to actually do the integrations to change the beliefs associated with realizing your goal. PCM is a robust system of change to identify and change the core beliefs around any goal you may have.

It is true that with PCM a subconscious belief you may have only takes, on average, approximately 2-5 minutes to change. However, there may be several beliefs that need to change around any given issue or goal. While the PCM system is designed to identify and change all of those beliefs around that issue or goal very quickly and easily, you still need to do the integrations to make that happen. Once a belief is changed, it is changed for as long as you decide you want it. It does not need to be reinforced, just like saving a document on your computer does not need to be reinforced. Once you edit, you save, and you're done. The same is true with your subconscious beliefs using PCM.

PCM is a streamlined, efficient, robust process of change designed to identify and change the subconscious beliefs needed in order for you to get bottom line, practical, positive results in your life... in any area of life you choose.

6. Q: How Long Does It Take For An Integration To Work?

A: The results of a integration can be felt instantaneously or it can evolve over time (hours, days, weeks or longer). For example, if your goal is to find a new job, releasing the fear of changing jobs or

being unemployed may be felt at the time of the integration, however acquiring the new job may take additional time.

7. Q: How Long Does An Integration Last?

A: Integrations seem to last until they are no longer useful to the subconscious mind or until you decide to choose a new goal. Life is an evolutionary process, so what you integrate for at one point in your life may be inappropriate at another time. Without the use of PCM life itself would remind you when it is time to change some aspect of your reality. Unfortunately, the reminder often takes the form of a trauma or other emotionally charged situation in order to get your attention. PCM enables you to consciously direct key changes in your life without unnecessary pain or difficulty.

In the event that you find yourself re-creating behaviors or thoughts that you have previously integrated to release, it is useful to ask yourself, "*What benefit do I gain from the old thoughts or behaviors?*" When this question is considered openly and honestly, the result is usually very revealing. You may wish to do another integration which takes into account the "secondary gain" issues which resulted in the manifestation of the old ways.

Regardless of the goal that you integrate, you can always exercise "free will" in the implementation of the results.

8. Q: How Often Do I Have To Reinforce The Integration?

A: This question arises from the notion that the belief didn't really change and that the old belief is just waiting for you to let down your guard so it can come back and sabotage your happiness. Occasionally an integration will require some support activity to speed up the integration of the new belief, but it is very rare that someone will have to integrate for the exact same belief twice. Instead, once you have completed an integration for one belief, you are ready to change the next one, and so on.

The concept of reinforcement is mainly needed with modalities that only address the conscious mind, not the subconscious mind. For example, repeating affirmations over and over is a function of the conscious mind, not the subconscious mind.

9. Q: How Can PCM Help My Organization?

A: Our subconscious beliefs establish the limits of what we can achieve. If you're spending "big bucks" on training programs and are disappointed with the ROI on your training dollars, then PCM can help. Even when people know the right thing to do, they don't always do the right thing. However, when individuals are empowered with the effective tools to reach their full potential, they will eagerly do so. It is the frustration of self-sabotaging beliefs, driving self-defeating behaviors that trap people in a prison of mediocrity or failure. The truth is, there's really no such thing as organizational behavior, only individual behavior; every thing else flows out of that!

10. Q: How Can PCM Help Me At Work?

A: You can reduce stress, improve sales performance, enhance your leadership ability, increase your job satisfaction and more. PCM was specifically designed for the business environment, even though it can be used very successfully with personal issues and goals.

11. Q: Who Would Benefit From PCM?

A: Anyone wanting to improve their performance, but especially executives, sales professionals, customer service personnel and people working in a "team" environment.

Here are some other general categories of people and how they've used PCM to their benefit:

1. SALES PROFESSIONALS who seek new levels of confidence and greater persuasive abilities...who need new methods for thriving in times of tougher competition...who are eager to sell in a no-resistance environment. PCM can transform your entire experience of selling!
2. ENTREPRENEURS, BUSINESS OWNERS, BUSINESS PROFESSIONALS, CORPORATE EXECUTIVES, MANAGER, STAFF who are feeling the pressure of juggling multiple priorities.....who could profit from better concentration, goal clarity, focus, creativity, decisive problem-solving, and organization.
3. SPEAKERS, AUTHORS, ARTISTS, ENTERTAINERS, MUSICIANS, ACTORS and other "creative people" who want to dramatically strengthen their creative powers and turn their ideas and talents into riches.
4. CORPORATE EXECUTIVES and other leaders who must influence, motivate, manage, solicit cooperation, and secure the confidence of others everyday.....who shoulder huge responsibility and need strategies for converting pressure and stress to energy and optimism.
5. HELPING PROFESSIONALS, MD/DC/DO/ND'S, NURSES, PASTORS, COUNSELORS, THERAPISTS, TEACHERS, COACHES, BODY & ENERGY WORKERS, CONSULTANTS who want exciting tools for enhancing others' self-esteem, self-confidence, self-discipline, and performance both personally and professionally.
6. PROFESSIONAL & RECREATIONAL ATHLETES, TRAINERS, DANCERS, EXERCISE & SPORTS ENTHUSIASTS- who would love to lift their performance to a much higher level without reliance on gadgets, gimmicks, tricks....who have a particular nagging, reoccurring problem with their game they'd enjoy eliminating.
7. INDIVIDUALS WITH VERY SPECIFIC PERSONAL GOALS: i.e. DIET, addictions, relationships, phobias, finances or others striving for a very particular personal goal. The individual who is overweight, has tried diet after diet and been frustrated; the individual disappointed at the lack of communication in a personal relationship; the shy person who would like to be more assertive; the person with an undesirable habit to break.

12. Q: Can I Use PCM Techniques To Improve My Personal Life?

A: Yes! You can use the same powerful techniques in your personal life with PCM. Workshops and training materials are available for family and friends who want to rid themselves of old habits and behaviors that are limiting their happiness and well-being.

Your subconscious beliefs establish the limits of what you can achieve. If your life feels like a car being driven with one foot on the accelerator and one foot on the brake, chances are you have a

conflict between your conscious goals and your subconscious beliefs. This kind of conflict shows up in relationships, job performance, self-esteem, athletics, weight loss, prosperity, even your physical health. If you are facing challenges in any of these areas, you should contact Nikkea B. Devida, the Originator of PCM, for a schedule of workshops.

13. Q: Why Is PCM Different From Most Other Change Techniques?

A: PCM is the missing communication link between the conscious and the subconscious mind. PCM communicates directly with the subconscious mind, which is the storehouse of all past experiences, values and beliefs. According to Bruce Lipton, a cellular biologist in Santa Cruz, CA, the conscious mind processes approximately 2000 bits of information per second. That sounds like a lot until you compare it with the subconscious mind, which processes approximately 4 BILLION bits of information per second. Therefore, over 99% of your power is in your subconscious mind. That's also why conscious "goal-setting" and "willpower" often fail. Viewed another way, if you looked up into the night sky, one star out of the entire sky represents your conscious mind. All the rest that you see (and even all you don't!) represents your subconscious mind. PCM utilized whole-brain integration techniques to create a receptive state of the subconscious to internalize new beliefs.

14. Q. Why Is It Important To Choose A Technique That Deals Directly With Changing Beliefs At The Subconscious Level? Why Isn't Conscious Goal-Setting And Positive Thinking Enough? How Do I Know If A Belief Got Changed?

A. As mentioned earlier, the subconscious mind is the storehouse for past experiences, attitudes, and beliefs. Even well intentioned, motivated and committed individuals often sabotage themselves because the subconscious mind harbors beliefs that are contrary to success. These limiting beliefs created from past experiences operate even while we have conscious goals to the contrary. As much as we might think positively and use conscious affirmations, those "old tapes" just keep running.

YOUR MIND WORKS A LOT LIKE YOUR CAR

Using a car analogy, having conscious goals and subconscious beliefs opposing each other and not in harmony with each other is like having your foot on the gas pedal and on the brake at the same time. You don't move forward very easily, if at all...and at a great expenditure of energy, not to mention possible damage to your motor! Once you take your foot off the brakes (changing your sabotaging subconscious beliefs) you can move forward with your conscious goals much more easily and with much less effort.

PCM works like a "mental keyboard" - a user-friendly method of communicating with the subconscious mind that is *simple, direct, and verifiable*. This method of communication enables us to identify the underlying, limiting beliefs and re-pattern them, so they align with the principles and philosophies that produce lasting successful behaviors, actions and results. It is directly verifiable in that your beliefs get pre-tested and post-tested with you present so you can see for yourself that a change took place. No more guesswork, hoping that the change took place.

Using a car analogy again, your car has a gas gauge. The gas gauge is your cars' internal meter that you can see that tells you when it's full or when it's empty. Your body also has a similar gauge and can be accessed through kinesiology. A negative belief will register as "empty". After it has been

changed using an Integration, it will register "full". And the before and after is as clear to you as the gas gauge in your car registering empty and then full.

15. Q: Is PCM The Same As NLP? Hypnosis? EFT? EMDR? Holographic Reprogramming? Edu-K? Other Forms Of Kinesiology? Energy Work? Etc.?

A: The short answer is "yes" and "no." PCM™ is a unique blend of many healing modalities. Students of other healing approaches will see PCM through their own "filters" and find similarities to what they know. The originator of PCM has been certified and/or completed training in PSYCH-K, NLP, Hypnosis, Reiki, Chakra Balancing as well as various forms of "hands on" healing techniques. In addition to these trainings, she has read countless books on how to effect positive change both personally and professionally.

PCM came into existence more as an act of spiritual surrender than an act of intellectual brilliance. The synthesis of these diverse approaches to change came about in a series of "intuitive leaps of consciousness."

PCM is similar to these methods in that it is a tool for change and that it works with the subconscious mind. PCM is different than these methods in that it is a simple but elegant and effective method for change for both acute and chronic issues you may be facing.

Einstein said "Keep it simple, but not too simple". PCM is a robust system of change designed to go directly to the core beliefs that need to be changed in order for you to experience long term, positive results in the area(s) of your life that you desire. It is a system that is designed and taught for you to become independent of a facilitator and allows you to directly be in control of your own life and destiny as quickly and easily as possible. PCM does this by having everything you need to become self-sufficient, while not adding a lot of superfluous extra steps and levels of complexity.

The PCM system is a unique blend of science, engineering, intuition, and flexibility. Workshop participants receive a powerful decision tree flow chart to help them navigate through any issue from beginning to end with no guess work or ambiguity.

16. Q: What The Sets PCM Apart from Other Change Techniques?

A: *PCM* differs from other approaches to creating change.

- *PCM* addresses the root cause of many challenges and unwanted patterns.
- *PCM* is a "do with" rather than a "do to" approach.
- *PCM* emphasizes strong permission protocols, so that every action is in the highest and best good of the client/recipient.
- *PCM* easily integrates other programs, techniques, & modalities.
- *PCM* is simple, direct, and verifiable.

Root Cause. *PCM* embraces the notion of cause-and-effect. Imagine a chain of events over time, where A causes B, which causes C, and so on, until today we have some presenting issue or symptom called Q. In our culture, we often treat Q as the problem, rather than merely a presenting symptom, circumstance, or condition, because we have no easy way to identify **and change** the "cause."

Further, even modalities that seek to discover the "cause" tend to think in terms of some prior event, something that happened to "cause" the present behavior pattern or symptom. However, such an "original event" is history. What remains in the present are the *memory* of the event and, more important, *beliefs* about ourselves and/or the world.

At the time of the "original event," our mind created and internalized certain self-protective beliefs. Over time, our system may have attracted additional people or circumstances that reinforced these beliefs.

Today, these beliefs influence or even direct how we perceive not only that original event, but new events that mimic that original event in some way. In other words, *these old beliefs direct and limit our present perception*. Seen in this way, it does not matter whether a belief was created 10 years ago or 10 minutes ago; the effect is the same.

Using PCM, the solution is also the same, and change occurs at an accelerated rate in comparison with other change modalities.

A "do with" approach. Using PCM, your subconscious mind directs the entire process and validates every decision. The facilitator merely provides support and some guidance. This contrasts with "do to" approaches common to many other healing and change modalities, where the facilitator or practitioner directs the process. In this sense, PCM emphasizes and relies upon your innate intelligence or inner knowing, rather than on your conscious mind.

Permission protocols. PCM also differs from other approaches in its rich focus on seeking permission before taking each significant step in the change process. Your system selects only those beliefs that are in your highest and best good. Every belief change and every action is made only when and if your entire system—physical, mental, emotional, and spiritual—gives explicit permission and is ready to receive and integrate that change or action.

Integrating other modalities. Because of its permission protocols, PCM supports a comprehensive process for success, healing and well-being. Other programs &/or modalities such as coaching, training, chiropractic, and Feng Shui automatically become "part of the process" whenever your subconscious mind gives permission.

Simple, direct, and verifiable. PCM has a built in verification system so that you know your subconscious belief has changed. With PCM, there is no guesswork. Regardless of how you may "feel", you'll know with certainty whether the belief change took place...usually within 2-5 minutes.

PCM works like a "mental keyboard" - a user-friendly method of communicating with the subconscious mind that is *simple, direct, and verifiable*. This method of communication enables us to identify the underlying, limiting beliefs and re-pattern them, so they align with the principles and philosophies that produce lasting successful behaviors, actions and results. It is directly verifiable in that your beliefs get pre-tested and post-tested with you present so you can see for yourself that a change took place. No more guesswork, hoping that the change took place.

Many other modalities assume that by doing the process, the beliefs will change. But there is no way to know for sure. They sometimes rely on how you "feel" to let them know a shift has occurred, which can be and often is an inaccurate detector of change.

17. Q: How Do We Access And Change The Underlying Beliefs And Attitudes In Order To Sustain Real And Lasting Change?

A: The answer lies at the level below our conscious awareness known as the subconscious - the storehouse for past experiences, attitudes, and beliefs. Even well intentioned, motivated and committed individuals often sabotage themselves because the subconscious mind harbors beliefs that are contrary to success. These limiting beliefs are created from past experiences and are often outdated and unworthy of who we are now, and who we are becoming.

The subconscious mind can be accessed in a way similar to the storage memory in a personal computer. PCM works like a “mental keyboard” - a user-friendly method of communicating with the subconscious mind that is *simple, direct, and verifiable*. This method of communication enables us to identify the underlying, limiting beliefs and re-pattern them, so they align with the principles and philosophies that produce lasting successful behaviors, actions and results.

This unique technology is easy to learn, fun to use and dramatically increases personal and professional effectiveness.

18. Q: Is PCM "Mind Control?" "New Age"? Incompatible With My Religion? Dangerous? Difficult?

A: These questions come up occasionally. It is important to recognize the real question behind these questions. The real question is, "Are you going to try to control my mind without my permission?" It comes from various sources and it is important to honor the beliefs that create this question. The important message to convey is that PCM gives you knowledge about how you can stay in control of your own mind, rather than being vulnerable to the desires of others. So, the answer to the question, "Is the PCM mind control, etc.?" is "Yes, because **it gives YOU control over your OWN mind!**" PCM teaches you how to strengthen the beliefs you choose, it does not choose those beliefs you should strengthen. In that regard, PCM crosses all dividing lines and is compatible with all religious beliefs.

PCM actually takes the mystery away from the inner workings of your own mind. It's like Mind Mechanics 101. Not only is there nothing to fear, there is much to be excited about: probably for the first time, you will be placed in the driver's seat, to deliberately marshal and direct your mental powers and potential.

19. Q: What Is Muscle Testing and How Does It Work?

A: Muscle testing was discovered over 35 years ago by George Goodheart, D.C. (the originator of Applied Kinesiology) and in PCM, it is used as an easy and effective way to communicate directly with the subconscious portion of the mind. The subconscious mind controls the autonomic nervous system and is responsible for our automatic physical and neurological functions. For example, our bodies move because the subconscious mind directs a complex set of electrical signals to the right muscles at the right time to perform a task such as reaching for an object. The strength of the electrical signal will determine the strength of the response in the muscles of the body. The electrical signal is dramatically affected by what kind of thoughts are being contemplated in the mind. When the mind is holding a stressful thought, an electrical conflict is created (typified by an overidentification with the left or right hemisphere of the brain) and the signal strength to the body is reduced, resulting in a weakened muscle response. The same thing happens when a person makes a statement with which the

subconscious mind disagrees. The result is a weakened response in the muscles of the body. Consequently, muscle testing can be used to determine what thoughts are stressful to the body, as well as what ideas (beliefs) are supported or not supported at the subconscious level.

20. Q: How Can Beliefs I've Had For Years Change In Just A Few Minutes With PCM™?

A: Most people think of negative beliefs as if they were actually people in their head trying to make their life miserable! It's the same way people tend to think of word processing documents stored in a computer as "little tiny" documents. This, of course, is not the way it is. Both the software in a computer and the beliefs in a person's memory are patterns of energy held in an electromagnetic field. When the field is disturbed the pattern changes. A pattern of energy held in a computer for 30 years can be altered or deleted just as quickly as a pattern that has been in the computer for 30 minutes! So it is with the mind. It is all about how to alter the pattern, not about how long the pattern has been there.

Traditional coaching and talk therapy relies on insight as the primary means of trying to change the pattern. Unfortunately, the subconscious mind is not "wired" for logic as its preferred communication system. It is sensory based, (knows the world through the five human senses) rather than through the logic of the conscious mind. Consequently, it responds much better to sensory-based language. PCM Integrations are processes that open the doorway to deliver the new belief to the subconscious mind, in a sensory-based format.

21. Q: Do I Have To Re-experience The Painful Feelings Of The Past To Release Them?

A: Most mainstream coaching and psychotherapy assumes that tapping into emotions is a prerequisite to meaningful change. PCM doesn't make the same assumption. It has been my experience that when the subconscious mind has to access an emotion to change a belief it will. When it is not necessary to do so, it will not create emotional catharsis just for the effect unless that is the expectation of the participant. It should not be your intention to suppress emotions as they relate to the belief change process, however it is no more profound to have a belief change just because it is accompanied by an expression of emotion. Each person is different and each issue is different for each person. So, release expectations of the outcome and be *curious* about what it will take to change the belief.

22. Q: Why Haven't I Heard Of PCM Before?

A: Nikkea B. Devida, the originator of PCM, has been developing and perfecting PCM since 1995. She has worked successfully with thousands of people using the powerful change techniques that have been refined over many years, mainly by word of mouth: one person telling another. Nikkea is currently the only person doing private consultations and training seminars. As one person getting the word out, she primarily stays in the greater Los Angeles area where she has her home and private practice. She does trainings out of town when groups of people in other areas asked her to come and they sponsor her. That's pretty much been the extent of it. Nikkea knows she needs to get PCM out to more people. Her 20 years of doing private work and workshops has proven that people are getting incredible results in their lives, more than with other programs and techniques. The question is, how is she going to do it? Now, Nikkea is often a guest speaker at other people's groups, associations, business meetings, seminars, training events, and teleclasses. Please contact Nikkea if you have a group who would benefit from hearing more about PCM. In short, you'll be hearing a lot more about PCM in the future!

Creating Greater Wealth, Improved Health & Energy, & Repeat Business by Applying the Ancient Art of Placement, Feng Shui

Is the arrangement of your office and home positioning you for a life of greater success or endless struggle? The Ancient Art of Placement, Feng Shui (pronounced *fung-shway*) discovered how your working environment acts as a mirror of yourself and your life's circumstances. Challenges such as financial debt, low energy and poor health, difficult client and staff relations, and not enough market visibility can often be traced directly to the surrounding energy imbalances.

I. What is The Ancient Art Of Placement?

- A. This art originated 3000-5000 years ago in Asia where it was initially used to site auspicious locations for emperor's burial plots. Increasing in popularity, experts of this art were soon consulted on many matters ranging from best locations to build businesses and homes, to the proper placement of furniture to improve one's failing health.
- B. Feng Shui is an oral tradition that reveals how our living and working environments affects our fortunes and fate. In order to prosper, we must be situated favorably in the universe. Translated as "wind" and "water", the basic premise of this ancient art of placement is that a building in harmony with nature and arranged for comfort, security and vitality becomes a source of well being and prosperity for its occupants.
- C. Spectacular sites such as the Taj Mahal in India, the Great Wall of China and the Great Pyramids of Egypt were built using the designs of this art. Today, millionaire moguls Bill Gates, Donald Trump, & Larry Ellis (Oracle) apply the art to their properties.
- D. By tracing the energy flow (Chi) through the office or home, experts locate corresponding areas in your environment that oversee important issues such as finances, relationships, health, career...and many others. Often, these areas are found to be obstructed or missing completely, thus confirming the personal difficulties that the individual is feeling frustrated or powerless over.
- E. Recommendations for furniture placement and room positioning are then given. The position of your desk and position of the door to your business are a couple examples of things to be evaluated. In your home, the position of your bed and location of the stove relative to the door are particularly important.

II. Why Should You Care? What's In It For You?

Ignorance is not bliss. What you don't know about your home or office CAN negatively affect you, whether you believe it or not. There are certain natural laws that cannot be violated. Feng Shui is one of them. For example, even if you don't know about or believe in the theory of gravity, you are still affected by it. Don't let improper design and arrangement keep you from getting what you want out of life.

Have you ever walked into a room and immediately felt uncomfortable, tense, drained or even depressed?

Have you ever walked into a room and immediately felt comfortable, relaxed, and at home? In both of these rooms there are subtle differences. That is the essence of Feng Shui--how a room feels. This feeling interacts with your own personal energy and has an impact on you. The purpose of Feng Shui is to help you live in harmony with your surroundings, for when you are in harmony your life runs smoothly. It's all about creating an environment that supports you, your well-being, and your lifestyle by re-balancing and re-harmonizing your environment to bring greater peace, prosperity, and vitality into your life. Have you ever heard the expression "Everything has its place"? Well, it does. Putting the "right things" in the "right place" with conscious intention is what it's all about. Everything has energy or "chi". Some energy is positive, some is not so positive. How that energy is organized in your environment affects your subconscious mind 24 hours a day, 7 days a week, even if you're not there, and especially when you are. Your subconscious mind takes in everything...everything you've ever seen, heard, touched, experienced...it's the storehouse of all your thoughts, attitudes and beliefs. It "remembers" everything and is the part of you that controls over 99.99% of who you are and what you manifest in your life. If your subconscious is being bombarded by "negative" messages in your environment, you may be achieving less than what you're capable of in your life in achieving desirable levels of health, wealth, relationships, career development, creativity, reputation, family matters and much more. If you've been waiting for the right time to turn your life around, you don't have to wait any longer. Now is the time.

III. Your Home Or Office Is A Metaphor For What's Going On In Your Life

A Feng Shui consultation may determine the future of your life and business. Many people are living with dozens, if not hundreds of these examples; unaware of the impact it has on their lives every day.

Consider these examples:

If your bathroom is located in your wealth area, your money may be symbolically "going down the drain"!

Is your relationship too "fired up" or "too hot to handle"? You may have a fireplace in your relationship area.

If you have a wall in your career area, you may feel "blocked" in your career or not get the promotions you want and deserve.

Are your children "out of control", ADD/HD or hyperactive? You may have too many home electronics or a ceiling fan in your children area.

Do you get enough recognition from your superiors and peers for the work you do? If not, you may think twice about where you keep your garbage or throw your dirty laundry! Maybe it's in your fame area.

Do you have all the energy and vitality you'd like? Or do you feel run down, stressed, and fatigued? Can't think clearly sometimes? You may have excess clutter or a staircase in your health area.

If you have an attached garage or an "L" shaped house, you may be "missing" one or more of the 9 crucial life areas such as wealth, health, career, or relationships.

In addition to these examples, something as simple as a dried flower arrangement in your relationship area symbolizes that your relationship is “all dried up” and has “no life left in it”! The Feng Shui adjustment would be to replace the dried flower arrangement with a healthy, beautiful, vital plant or flowers to stimulate “new growth” in your relationship endeavors. Simple, profound, and effective.

One couple had been happily married for many years. Then they moved into their dream home. But their relationship quickly took a bad turn. They were, in their words, “constantly fighting and at each other’s throats”. During the consultation it was discovered that they had a picture of fighting dogs in their relationship area. They took down the picture and their relationship immediately improved.

A very successful professional couple complained of making good money, but it felt like they were “throwing money away”. As it turns out, they had a big (but hidden) garbage can in their wealth area! They moved the garbage can and their finances improved.

IV. 11 Good Reasons To Consider Having A Feng Shui Expert Evaluate Your Home &/Or Office

Rate your satisfaction with each of the following items on a scale from “1” to “10”, “1” being the lowest level of satisfaction and “10” being the highest.

1. My career is satisfying, stimulating, & rewarding
2. I am always cultivating my skills & learning new things
3. My relationship with my family is happy, healthy, & nurturing
4. My finances are just as I’d like them to be
5. I have a good reputation among friends, co-workers, & my community
6. My love life is happy & fulfilling
7. I am pleased with my children’s development
8. I am expressing my creativity
9. I always have people willing to help me
10. I travel and vacation to new and interesting places
11. I AM healthy in mind, body, & spirit

Did you give a “10” rating to all of these questions? If you are experiencing less than total fulfillment in any of the above areas, a Feng Shui consultation for your home and office with Nikkea Devida can help bring more of what you desire into your life. Don’t take chances with your health, wealth, career or relationships. Take charge with Feng Shui and improve these situations!!!

V. How Does it Work?

- A. Feng Shui is the art and science which uses contemporary knowledge and provides guidelines for locating, designing, building, and arranging any home or work environment in a way that supports physical and mental well being and creates positive life changes.
- B. By observing room arrangement and furniture placement, Nikkea Devida can determine the patterns of your life, and then provide environmental solutions to help you create positive life changes. Using interior and exterior design elements such as landscaping, color, plants, mirrors, furniture arrangement, lighting and others, Nikkea addresses your problems and

concerns regarding business and family matters, finances, relationships, and health. She then provides custom solutions for you to implement to improve and enhance those areas.

- C. Common Feng Shui solutions include the use of fountains, wind chimes, mirrors, live plants, colors, and crystals, but these are by no means the only recommendations made. Of course, your unique lifestyle and tastes are considered in creating a home or office space that is just right for you. These time-tested principles and energy adjustments quickly and easily replace struggle and effort with balance, harmony, and grace in all areas of your life. You'll be amazed at the results. If you're buying, building, remodeling, or selling a home, a Feng Shui consultation can literally change the direction and prosperity of your life!
- D. Clients will generally feel results immediately, or within a few days of making the recommended changes. Of course, if you don't make the changes, you won't get the results. It's best to make as many changes as possible within three days of the consultation. However, some recommended changes may take some time depending on your schedule and personal readiness to make major positive breakthroughs in your life...and that's okay!
- E. The results and the speed at which they occur are completely up to you. You are in complete control. Feng Shui is a process that completely honors and respects what you are ready and open to receive in your life at any given time. In fact, if the changes come too quickly, you can simply "undo" or "tone down" the Feng Shui adjustment to a rate that is more comfortable for you. The question really isn't "does it work?", it's "how quickly do you want it to work?"

VI. Hot Tips for Getting Started Today!

- A. Eliminate all clutter. Clutter allows us to suppress our aliveness. We keep it because the subconscious mind is afraid to journey into the unknown. So get busy and clean externally. As we do this, we simultaneously clean internally. Schedule "Cleaning Clutter Time" regularly opening up your space to transform your life.
- B. The executive's office should be farthest from the main entrance. This positioning will allow for better concentration and greater authority.
- C. Create a signature environment to project who you are. Allow for a lot of open space and keep it simple. Incorporate the principles of color, line, and style.
- D. Love everything in your environment. When deciding whether to have a particular piece in your home or office, ask yourself, "Does this item deserve prime real estate in my space?" This includes those gifts from family and friends. In many or most cases, hold onto the love and let the gift go...
- E. Avoid placing your desk in a position where the person at the desk would have their back to the door. Psychologically and physically they will feel unsafe.
- F. Blank walls will zap your energy. Place something on the wall that makes you feel good when you walk past it.
- G. Include curved lines in the environment to create a softer flowing ambiance. Plants, statues, lamps, etc. can help you to keep the flow going.

- H. Take a look at your bookcases. When they are packed too tightly, the universal energy cannot flow through to provide you with the knowledge you hope to attain from the books. Each shelf should be about three quarters full. In the remaining space, place an item that makes you smile.
- I. Toss all your dried flowers. Think about it, they're dead! Why would you want dead energy in your space anyway? Treat yourself to live plants and fresh flowers. Plants represent life, health and prosperity. Fresh flowers are aesthetically pleasing, colorful, alive and they enhance relationships. (Besides, you deserve them!)
- J. Placing important items like your bed, desk, and dining table (or other places you spend a considerable amount of time) under beams or ceiling fans will inhibit your ability to feel rested, settled, and productive. Over time, you'll find yourself having less health and energy as well as being less productive and more prone to accidents.

VII. Here Are Some More Benefits Of Feng Shui:

- ◆ Feng Shui adds a new dimension to architecture, interior decorating, landscaping, business and real estate.
- ◆ After making Feng Shui adjustments, you will notice subtle (and sometimes not so subtle) differences in how you feel and how others respond to you in the areas of career, finances, and relationships.
- ◆ Feng Shui changes the atmosphere of your home or workplace to increase productivity and resolve problems.
- ◆ Feng Shui can help you find a new home or office and can help you sell an existing home or business.
- ◆ Problems and challenges can still occur. The balance of energy that Feng Shui adjustments create will help you to manage and resolve them. Feng Shui is an environmental medicine that compliments all other natural therapies and approaches. It's like acupuncture for your home.

VIII. Businesses Can Benefit From Feng Shui:

“It’s just another element in which you can have the advantage over your competitors.” Donald Trump

Feng Shui can help you improve your sales and profits, attract repeat customers, and enhance staff relationships. Many businesses over the years have benefited from Feng Shui. In fact, it's how Feng Shui came to this country. With increasing reliance on international trade and business, U.S. companies have sought to expand their market abroad. Most notably, with Japan and other Asian countries. Multi-million and billion dollar business deals were being negotiated. However, there was a catch: the Japanese would not sign the final paperwork until they had their own Feng Shui master come to the U.S. to inspect the layout, design, arrangement, and architecture of the U.S. company. They would only sign the deal *after* the U.S. company made the recommended changes to their office

facility to insure future growth, profitability, good luck, and harmonious relations within the company. So, whether your company is large or small, corporate or entrepreneurial, international, national or in your neighborhood, Feng Shui can help you get the results you desire. And if you work for a company that is not open to or doesn't have the budget for Feng Shui, it's effective for you to do a consultation just in your private office or cubicle! It can help you get promoted, get a pay raise, and increase your productivity so you'll be even more valuable to your employer. In fact, if your company is experiencing a financial downturn and is laying off employees...Feng Shui can keep you from getting the "pink slip".

Many types of businesses have benefited from Feng Shui consultations:

<i>Artist studios</i>	<i>Investment brokers</i>	<i>Restaurants</i>	<i>Computer specialists</i>
<i>Athletic facilities</i>	<i>Interior designers</i>	<i>Retail stores</i>	<i>Health care professionals</i>
<i>Law offices</i>	<i>Manufacturing</i>	<i>Distribution centers</i>	<i>Real estate offices</i>

IX. Here's What People Are Saying About Feng Shui:

"While many non-Chinese developers see Feng Shui only as a business necessity, its focus on harmonizing man-made structures with nature has attracted a growing number of architects and interior designers intrigued with its Eastern philosophy." New York Times

"Call it mysticism or call it marketing, after almost 5000 years, Feng Shui may be an idea whose time has come...again." CBS Evening News

In addition, Feng Shui has recently been featured on the Oprah Winfrey Show, the Today's Show, CNN, and Hard Copy as well as having feature articles in publications such as Time, Newsweek, The Economist, Smithsonian, The New Yorker, House & Garden, Country Living, and in Sunday Newspaper's Real Estate Sections all over the country.

One Client's House Was Sold On Her Way Back From The Consultation:

"My home was on the market for over 6 months with very few prospects, no offers, no buyers. I had already moved into my new house and was paying two mortgages. I did all the things you are supposed to do when selling a house; everything was in perfect working condition, it was newly painted, etc. Still, no prospects, no offers. People weren't even coming over to look at it. I decided to have Nikkea do a Feng Shui consultation. She had already done a consultation at my new home and I loved the changes! She came over and made her recommendations. I implemented them right away, within a few days. By the end of the week I called her back, concerned that the process wasn't going fast enough. We got together to do a space clearing process to release any residual energy I had remaining in that place that may have been holding back the new buyer from coming forward. After our session, I drove home. When I checked the messages on my voicemail, I was informed that I had just received an offer on my house! It was sold and closed shortly after. She made a believer out of me, and the changes she recommended were so easy to make. And she completely respected my need to work within my budget." Robin Osborn, Indianapolis, IN

"Nikkea saved my house from foreclosure...and I met the man of my dreams shortly after! "
I was desperate. I heard about Feng Shui before when I saw Nikkea give an evening seminar at a local Health Food Store. It sounded amazing, but I was skeptical. A few months later I had some major financial setbacks and my house was in the process of being foreclosed. I knew I had to do something. I called Nikkea and asked if there was anything Feng Shui could do for my situation. She said others experienced major turnarounds through Feng Shui and she knew of a special ceremony to perform for legal matters.

We did a 5 hour intensive consultation and went through every area of the house. I implemented every single one of her recommendations very quickly, as she suggested. Within one week, I received some unexpected money to pay for the arrears on the mortgage. The bank also dropped the foreclosure proceedings and started working with me to set up a plan to get back on schedule.

And then, the unexpected happened. During our consultation, Nikkea suggested I make some of my changes in my “relationship area”. I hadn’t been in a relationship for 9 years and was frustrated that I hadn’t met anyone. Within a few weeks of making the changes, I met the man of my dreams. We are now planning to build a house together! And you can be sure we’re going to have Nikkea review the floor plans to make sure we build in good Feng Shui design right from the start! Thank you, Nikkea! Not only are you a great practitioner, but you’re a great friend.” Kathy Browning, Indianapolis, IN

Here’s What One Interior Designer Had To Say About Her Consultation:

“Feng Shui helped me put the passion back into my profession! I was in business successfully with my partner for over 10 years as an interior designer for corporations and businesses. Last year, we moved to a new location. Since that time, we’ve had constant employee turnover. We’re at our lowest point in sales in 10 years. We used to be excited about coming to work. It just wasn’t fun anymore. My brother knew Nikkea and recommended her to me. I took a chance and called her to do a consultation at my business.

I was amazed. Everything she explained about the design of the office lead to a connection about what was going wrong in my business...she knew without me even telling her! I saw the connection between moving to the new place and the problems we were facing now. We then brainstormed creative solutions to re-vitalize the office and bring it into balance. They’re going to be fun and easy to do. What I didn’t expect was that she reached a part of me I had so deeply in the past tried to avoid. I now realized it needed full creative expression to come out, which was a risk in today’s male dominated architectural environment and trends.

She got me excited about expressing my true vision of what I wanted to create as a designer. I got back in touch with the passion I had when I started the business. I’m excited to learn more about Feng Shui and incorporate the principles into my designs. The benefits I received were worth over 10 times the investment I made.” Jeryl Mitsch, Carmel, IN

X. Services Available

Feng Shui is very affordable. And it can make you thousands of dollars in new opportunities while saving you thousands in needless anxiety, potential medical &/or legal bills, bad relationships, bad luck, etc. You get excellent Feng Shui advice, regardless of your budget. Whether your budget to make changes for home/office is \$500 or \$500,000, I work within your budget to get you results. You’ll be amazed at how you can recycle “stuff” you already have into fabulous Feng Shui enhancements. A Feng Shui consultation is an investment in your future.

Private Consultations:

On-Site Feng Shui Analysis: For those who desire in-depth individual consultations for their home &/or business environment. Also useful during planning states prior to remodeling, renovations, additions or new construction as well as an excellent way to sell your house more quickly and buy a new one that will bring good health and success. An average on-site consultation takes 3-5 hours.

On Site Fees: \$597 for up to 3 hrs, \$100/hour for each additional hour

Floor Plan Analysis: Where on-site evaluations are not practical, suggestions can be made using current floor plans. Feng Shui by fax or mail makes this a convenient option. This method is also useful when purchasing a new home and deciding between several floor plans. An average analysis takes 1-2 hours, depending on the size and complexity of the floor plan.

Fees: \$175/hour

Planning/Design of New Structures: Feng Shui is an important element in determining the location as well as the orientation and design of a new structure. This is a collaborative effort between client and practitioner, incorporating the client's ideas, desires, needs, aesthetics and lifestyle with positive Feng Shui design. Architect's blueprints can also be analyzed to optimize Feng Shui design. The earlier in the process you get Feng Shui involved, the better for all occupants!

Fees for planning & design are on a per project basis.

Workshops & Speaking:

Include an overview of the basic principles of Feng Shui, including slides, overheads, and hand-out materials. Workshops and presentations can be designed to fit the requirements of the participants and vary in length (1 hr to 2 days) depending on the intensity of the instruction.

Fees for workshops & speaking are negotiable.

Products:

I have a "catalog" of Feng Shui products available that support you implementing recommendations more quickly. These products are priced below retail and include a variety of water fountains, wind chimes, crystals, bells, mirrors, and sacred objects. There are also several Feng Shui book and video titles I recommend and have available for sale for your continuing education and exploration of Feng Shui concepts.

SPECIAL OFFER...when you call (805) 382-4500 in the next 30 days.

I want to help you get on your way to making your home or business an environment for health and success. Schedule your appointment within the next 30 days and receive a gift of 30 ***FREE*** minutes or \$25 off your purchase of Feng Shui products!!! This offer is only good for 30 days, so call today for your consultation!

I'm looking forward to meeting you and being your personal Feng Shui Consultant. I'll be happy to provide more information and answer your questions over the phone.

Namaste,

Nikkea B. Devida

**Make this the turning point of your life! This is YOUR moment!
Call (805) 382-4500 today! You'll be glad you did.**

ABOUT NIKKEA B. DEVIDA

Nikkea Devida has achieved something that only a handful of women in the country can claim. She is a graduate of the United States Air Force Academy where she earned a degree in Business Management. She served as an active duty military officer in the Air Force where she was responsible for negotiating, awarding, and managing over 200 million dollars of electronic systems defense contracts. She received several awards and honors during her career, including the Air Force Achievement Medal, the Albert R. Shiely Award, and the Secretary of Defense Superior Management Award. She negotiated high-visibility programs such as “Star Wars” and the Intermediate Nuclear Forces (INF) Treaty.

After leaving the military, Nikkea spent the next 8 years on the “fast track” to success in the corporate world, holding management positions at Bindley Western Drug Co., Macmillan Publishing, and Disney. These fast-paced and high stress environments led her to ask the question “Are we having any fun yet?” It was her commitment to put the “fun” back in “fun”ctional that led her to explore other career paths outside the corporate arena as a professional Precision Change Method (PCM)[™], Feng Shui, and personal effectiveness speaker, consultant, and instructor...and singer/songwriter. Ironically, it was her successful experience as an entrepreneur that led her back to the corporate arena. She discovered there were simpler, more effective ways to manage our minds and direct our lives, both personally and professionally. Nikkea’s “high tech/high touch” background enables her to provide a powerful, practical, yet creative “real world” orientation to her training programs and individual consulting services. She leads workshops for both large and small organizations who are ready to explore new and better ways to manage change in the workplace.

Because of her ability to help individuals and groups *manage accelerated change*, Nikkea has become a speaker, consultant, and seminar leader specializing in the area of personal/professional change, performance, and development. She is a popular facilitator of in-house business programs and leads a variety of workshops for the general public.

PCM[™] is a non-invasive, interactive process of change. It uses simple, yet powerful techniques to identify negative beliefs that sabotage success and change them into positive beliefs that support it, both personally and professionally. This amazing transformational technology is also available for business performance enhancement, and is especially effective in training environments addressing peak sales performance, stress management, team building and leadership training.

In addition to public seminars and workshops specifically tailored for individual organizations, Nikkea also maintains a private consulting business in the greater Los Angeles, CA area, where she works with clients on an individual basis. She studies and practices Black Sect Tantric Buddhist Feng Shui with His Holiness Grandmaster Thomas Lin Yun Rimpoché in Berkeley, CA. Nikkea also studied Interior Decorating, Arranging, and Landscaping at Indiana University/Purdue University in Indianapolis, IN.

For more information regarding workshops, private consultations or presentations to groups and organizations, contact

Nikkea B. Devida, 1270 Bayside Circle, Oxnard, CA 93035

Phone: (805) 382-4500 Fax: (805) 382-4004

E-mail: nikkeabdevida@aol.com